

# *Conmee Community Newsletter*

August 2025

**Conmee  
Municipal Office**  
**475-5229**  
**conmee@conmee.com**

Hours:  
Monday— Friday  
9 am—4 pm

**Conmee  
Landfill**  
Summer Hours  
(May 15th—Oct. 14th)  
Wed: 3 pm - 7 pm  
Sat: 9 am - 3 pm

Winter Hours  
(Oct 15th — May 14th)  
Wed: 1 pm - 5 pm  
Sat: 9 am - 3 pm

**Conmee  
Public Works**  
475-5337

**Emergency Numbers**  
Non-Emergency OPP  
1-888-310-1122  
Emergency  
(fire, medical, OPP)  
911

**HYDRO OUTAGES**  
1-800-434-1235

**MTO Highway Concerns**  
Emcon 1-888-636-8704

## Mayor's Message

### **Wild Weather & Busy Days in Conmee**

What a bag of weather we've had this July! From tornado warnings and flooding to washed-out roads, it's been anything but predictable. We've gone from drought to downpour in just days. I hope everyone is still finding time to enjoy their holidays and the camping season despite the chaos.

At the office, it's been a busy time with various government deadlines, grant applications for our departments, file updates, tax billing, and addressing residents' concerns. We continue working hard on matters that directly affect the Municipality.

### **Designated Truck Route (DTR) Update**

Council is very much aware of the community's concerns surrounding the Designated Truck Route (DTR). Even though the City of Thunder Bay has voted to support the DTR, we've made it clear that doubling transport traffic through our community raises serious concerns. I've requested meetings with the Minister of Transportation in two ways—through a private meeting and as a deputation at the AMO Conference in August. For the deputation, we'll be going in as a united group with representatives from municipalities that share our concerns. Ultimately, the Province will have the final say, and we're doing our part to ensure they hear us loud and clear.

### **Community Events & Volunteers**

The Social Committee will be seeking volunteers again in August to help plan fall events. These community gatherings are only possible with the support of volunteers. If you can lend a hand in any way, your help would be greatly appreciated.

### **Fire Department – Open House & Volunteer Drive**

Our fire department will be hosting an open house soon. Like many volunteer-based services, we are always in need of more hands. If you want to give back to your community and be part of a dedicated team, consider joining Conmee Emergency Services.

All training, gear, and certifications are paid for—you just provide your time and commitment. Whether you're interested in firefighting, emergency first response (EFR), or both, we work around your schedule. Volunteers are asked to attend at least 50% of training sessions or calls. If you're interested, please contact the Fire Chief or call the municipal office for more information. You'll also see a poster in the newsletter with details about the open house—come check it out and see what we're all about!

**Office is closed Monday August 4, 2025—Civic Holiday**

**Upcoming Council Meetings: August 12 and 26 — 6:00 pm**

Location: Conmee Community Centre. **Virtual attendance is available.**

**Please see our website at [conmee.com](http://conmee.com) for further information.**

### Council Work & AMO Conference

Council continues to work hard addressing resident concerns and doing our best to resolve them quickly and effectively. We truly appreciate all the feedback we receive—it helps us act on issues that matter most to you.

This August, we'll be attending the AMO (Association of Municipalities of Ontario) Conference. Our goal is to make meaningful connections and ensure the Province is aware of the challenges we face in our township. Meeting face-to-face with ministers is often the most effective way to get our voices heard and push for real solutions.

As always, I encourage anyone with questions, concerns, or suggestions to reach out to myself, Council, or the office staff. We're here to help. Have a safe and enjoyable midsummer. Let's hope for some beautiful weather ahead—see you next month!

Warm regards,

*Mayor Sheila Maxwell*

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#### EXCERPTS FROM MINUTES—REGULAR COUNCIL MEETING June 25 and July 8

**Minutes were reviewed and approved:  
Clerk's Report :**

**June 25:** All Food Cycler units had been picked up by residents, with a few additional residents expressing interest in purchasing remaining units. Fort Garry Fire Trucks agreed to extend the quote for the new pumper truck until August 22, 2025, noting that while the truck price is expected to remain stable, chassis pricing may fluctuate due to supply constraints. Twin City Industrial was contacted and is preparing a quote for a new pumper truck.

**July 8:** A formal letter was sent to the Minister of Transportation, the Premier of Ontario, and MPP Kevin Holland outlining the Township's concerns regard-

ing the proposed designated truck route. The updated landfill bylaw was posted to the Township website, and a pamphlet is being developed to inform users of recycling and disposal guidelines.

#### Treasurer's Report:

**June 25:** The Township's auditor is working to complete the 2023 financial statements by June 30, 2025, to meet Infrastructure Ontario's financing deadline. If the deadline is missed, the Township would be required to submit 2024 financial statements, potentially delaying financing approval by several months. Council emphasized the importance of proceeding with the fire truck purchase to avoid cost increases and regulatory changes, including upcoming DEF (diesel exhaust fluid) requirements. Updates were provided on rink netting improvements. The Treasurer proposed using budgeted funds for overhead repairs and reimbursing the account if grant funding is received.

**July 8:** The Treasurer reported that the 2023 financial audit was completed on June 29, with final journal entries and documentation in progress. Preparations for the 2024 audit are underway. The Infrastructure Ontario loan application was submitted, and the Treasurer thanked Council for their support in facilitating the process.

#### Public Works Report:

**June 25:** The Public Works Supervisor reported that calcium application was completed on several roads, with adjustments made to maximize coverage within budget. Repairs were made to a culvert on Hunt Road following heavy rainfall. Gravel hauling was completed on multiple roads, with 73 loads delivered over nine days. Signage updates were underway, including the purchase of new stop signs and check warning signs. Infrastructure funds were being used strategically to cover eligible road and culvert work. Concerns were raised about water misuse at the cemetery tank, and a new valve system was being

considered to prevent waste. The Public Works Supervisor and Council discussed ongoing issues with frost heaving and unevenness at the food bank's loading dock. Several solutions were proposed, including replacing the existing asphalt with a concrete pad and using insulation to mitigate frost heave. The Clerk was directed to contact local concrete contractors for advice and quotes. The goal is to complete the work before winter.

#### Fire Chief's Report:

**July 8:** The Fire Chief joined the meeting virtually from Toronto. He advised that a written report would be submitted at the July 22 meeting. Chief Day thanked Councillor Kresack for assisting in locating a used pumper truck, which has already responded to two emergency calls. He discussed the department's ongoing operational needs, emphasizing the importance of acquiring a future tanker and the need for a standardized procurement process to ensure consistency and value in future equipment purchases.

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### 2024 Council Meeting Schedule

**August 12 and 26**

**September 9 and 23**

**October 14 and 28**

**November 12 (Wed) and 25**

**December 16**

Council meetings occur every 2nd and 4th Tuesday of the month at 6:00 p.m. unless otherwise noted. Please visit [www.conmee.com](http://www.conmee.com) to see agendas, minutes, and more. If you do not have internet access, the office can print this information for you.

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## Conmee Emergency Services Needs Volunteers

Conmee Emergency Services is actively looking for new volunteers to join our team. Like many small communities, we face challenges in maintaining a strong and reliable volunteer base. We understand that people today are incredibly busy—between work, shift schedules, raising children, hockey, dance, and other commitments, time is stretched thin for everyone. However, our current team is also made up of people with those same obligations. While we are fortunate to have a dedicated and skilled crew, the reality is that we sometimes struggle to respond to medical calls, fires, or motor vehicle collisions simply because we don't have enough available members at any given time.

That's where you come in.

We are looking to expand our team with community-minded individuals who want to make a difference. Whether you can commit a little time or a lot, your help can mean faster response times and better support for our residents in times of need.

We provide all necessary training at no cost to you. Thanks to partnerships with neighbouring municipalities, we're able to access high-quality, nearby training to help you get certified and ready. While our team is volunteer based, we do offer an honorarium for training and call responses.

We know it's a big ask—but if you've ever wanted to give back, help your neighbours, and be part of something meaningful, this is your chance. Join us and become a part of a team that truly serves its community.

### **Interested?**

Contact the Township Office or reach out to Conmee Emergency Services to learn more.

We'd love to have you on board.

Conmee Emergency Services

# OPEN

House



★ Recruiting Volunteers ★

**16 Aug 2025**

**Conmee**  
Fire Hall


Meet the team and tour the Conmee Fire Hall

10:00 AM - 1:00 PM


More info when you arrive


## Maybe It's Time To Add A New Suit To Your Wardrobe

No Experience Necessary!  
Training Provided



### Volunteer Firefighters Are Needed

 **Township of Conmee**  
19 Holland Rd W, Kakabeka Falls, ON  
For More Information  
Call The Office at (807) 475-5229



For more information and to access the [Volunteer Fire Department Orientation Package](#) and [Application Form](#), please visit the Conmee Website:  
[www.conmee.com/p/emergency-services](http://www.conmee.com/p/emergency-services)

## **Landfill Use & Compliance Reminder**

The Township of Conmee reminds all residents of the importance of following proper procedures when using the landfill site at **573 Sovereign Road**. These rules help keep our landfill safe, efficient, and environmentally responsible.

## **Landfill Access Cards Required**

All users must present a Landfill Access Card upon entry.  
Identification may be requested by the Landfill Attendant to confirm authorized use.  
If you need a card or replacement, please contact the Municipal Office.

## **Improper Disposal is a Problem**

There have been ongoing issues with residents placing items in the wrong areas. To address this:

Loads may be inspected by the Landfill Attendant.  
All waste must be sorted and placed in the correct designated areas.  
Prohibited items (e.g., hazardous waste, shingles, medical waste) are not allowed.  
Recyclables must be placed in the appropriate bins.

Please follow signage and the direction of the Landfill Attendant at all times.

## **New: Fire Auxiliary Can Collection**

The Conmee Fire Auxiliary will be placing a can recycling bin at the landfill! The bin will be located in the recycling area; this bin supports fundraising efforts for our local fire services. Please deposit clean aluminum cans to help support this initiative.

## **Learn More**

For full details, including the complete Waste Management By-law (2025-020), visit:

[www.conmee.com/p/by-laws-permits](http://www.conmee.com/p/by-laws-permits)



## **Conmee Township Tax Bill Notice**

**Tax bills will be mailed out on August 5th.** Please review your bill upon receipt and ensure timely payment to avoid penalties.

### **Important Dates:**

- **1st Installment Due:** August 27th
- **2nd Installment Due:** October 29<sup>th</sup>

### **Note:**

Payments can be made via mail, in person at the Municipal Office, or through online banking where available. If you have questions about your bill, please contact the Township Office.



## Designated Landfill Areas



### ITEMS NOT ACCEPTED

- Hazardous waste
- Vehicles
- Florescent bulbs
- Single use batteries
- Animal/fowl carcasses
- Medical waste
- Shingles

### Summer Hours

October 15 to May 14  
Wednesday 3pm—7pm  
Saturday 9am—3pm

### Winter Hours




May 15—October 15  
Wednesday 1pm—5pm  
Saturday 9am—3pm

NOTE: covered loads may be checked

<b>1</b>	Heavy Cardboard -break down and fold flat before placing in trailer
<b>2</b>	Oil/Paint -leave on ground beside tank -ask attendant if container needed back
<b>3</b>	Office -check in with attendant upon arrival
<b>4</b>	Recycling -paper, plastic, cans -separate and place in appropriate bins
<b>5</b>	Metal -place smaller items in the bin -place large items on the ground
<b>6</b>	Brush -trees and branches - clean wood waste
<b>7</b>	Household Garbage Pit -household garbage only -to be put IN the pit
<b>8</b>	Furniture/Large Household Items -larger items that do not go into the pit
<b>9</b>	Tires -off the rim and free of debris
<b>10</b>	Electronics (behind office) -TV's, computers and components, phones/cell phones, DVD players, printers

# Conmee Recycling Program



PETE polyethylene terephthalate	HDPE high-density polyethylene	PVC polyvinyl chloride	LDPE low-density polyethylene	PP polypropylene	PS polystyrene	OTHER
Soft drink bottles Water bottles Juice containers Sports drink bottles Salad dressing bottles Oil bottles Peanut butter jars 	Milk jugs Laundry detergent bottles Shampoo bottles Soap bottles Yogurt tubs Butter tubs Cereal box liners Bleach bottles Motor oil bottles Cleaner bottles	Food trays Fruit packaging Shower curtains Toys 	Shopping bags Food wrapping Bread bags Frozen food bags	Toys Luggage Ketchup bottles Straws Medicine bottles Pails 	Toys Hard packaging Cosmetic bags CD cases Vending cups Disposable plates and cutlery Meat trays Egg cartons Packaging peanuts Other Styrofoam	Large water jugs Plastic lumber Other plastics including acrylic, polycarbonate, nylon, fiberglass

Please Do Your Part

## **Township of Conmee Cemetery**

### **Caring for Family Burial Plots in Conmee Cemetery:**

The Conmee Cemetery is a place of remembrance and respect. The Township is committed to preserving its dignity and beauty for generations to come. As families continue to honour their loved ones, we kindly remind residents of the shared responsibilities involved in the care and upkeep of family burial plots.

### **Ways Families Can Help Maintain Burial Plots:**

**Maintain Flowers and Decorations:** Decorations such as flowers, shrubs, and borders are permitted.

Families are encouraged to care for their loved ones' plots by keeping flowers, shrubs, and decorations neat and well-tended and within the area of the plot. While these items are welcome, they must not interfere with grounds maintenance or pose safety concerns. If any item becomes overgrown, hazardous, or unsightly, it may be removed after consultation with the Interment Rights Holder. A tidy plot not only honours those laid to rest but also contributes to the overall beauty and serenity of the cemetery for all visitors.

**Installation of Borders and Monuments:** Borders must not be embedded in concrete, must be no higher than 8 inches, and must have an 8-inch sand path around them for maintenance. Monuments must be set on concrete bases at least 4 inches deep.

**Provide Notice for Interments:** Families must notify the Township Office at least 48 hours in advance of an interment, except in special circumstances (e.g., Coroner's request).

**Supervise Children:** Children under 12 must be accompanied by an adult while in the cemetery.

### **How the Township Supports Cemetery Care:**

**Grounds Maintenance:** Regular upkeep of cemetery grounds, including mowing and general care.

**Cemetery Oversight:** The Cemetery Board, composed of the Mayor and Council, oversees cemetery operations and enforces the by-law.

**Record Keeping and Sales:** Administration staff manages lot sales, interment rights, and record keeping. Lots are available only to current or former Conmee residents.

**Care and Maintenance Fund:** Care and maintenance fees apply upon plot purchase. These fees are allocated to a trust fund to ensure long-term care of the cemetery.

**Water Supply Maintenance:** A new shut-off valve tap was recently installed to address a leak in the cemetery's water tank, helping to preserve water and maintain service for visitors. There is a resistance point in the mechanism. To turn the water on, continue turning past it to achieve full flow. Please use the tap rather than the lever.



### **Need Assistance or Have Questions?**

If you are considering purchasing a lot, need help with a burial, or have questions about cemetery regulations, please contact the Township Office. We are here to support you with compassion and clarity.



## Introducing the Community to Pennock Village

Take a drive out towards Rosslyn in Oliver Paipoonge and tucked in behind a lot of mature jack pines you'll notice a rurally situated development well on its way towards becoming just that.

This is no common development – this site has been chosen specifically for the good of the Residents that will choose to take up a lifestyle there. Those aged 55+ have an opportunity, within the next few months, to become the first purchasers of these new homes – Garden Home (Duplex) or Villa (Townhome) units, comfortably built to suit those who wish to remain living independently, but are ready to enjoy life at a slower pace.

Conveniently situated near many amenities of service, convenience and recreation, this new-to-Thunder Bay and area retirement approach encourages interested purchasers to explore the term of **Life Leasing**, a fixed-market approach towards planning for that next step in life: downsizing and budgeting after retirement has taken effect.

Life Leasing is already a popular senior lifestyle choice across Canada; purchasers gain exclusive interest in a home (unit) and can occupy it for life, while retaining its equity. Along with a monthly fee, which works towards home & common ground maintenance, Life Leasing guarantees worry-free living, eliminating the responsibilities associated with a larger rural residence upkeep.

A not-for-profit initiative, Pennock Village is sustainably run and is overseen by a group of reputable community members who see great potential in its succession, including for the good of our region's seniors.

Established on community, built for independence – we encourage you to learn more at [pennockvillage.ca](http://pennockvillage.ca)

**May 31 2025 | The recent Breaking Ground ceremony which celebrated the commencement of physical construction of Pennock Village.**



## We're Here for You: Helping Our Residents Navigate Online Services

At the Township of Conmee, we understand that technology can sometimes feel overwhelming, especially when it comes to accessing services like burn permits or finding information on our website. We want to reassure our residents that you are not alone in this.

Over the past few weeks, we've received several calls from residents seeking help with online forms and digital tools. Each time, we've been met with kind words like, "Thank you so much for being patient with me." Please know it's our pleasure to assist you.

Patience, respect, and support are at the heart of what we do. Whether you're applying for a permit, looking for council meeting information, or just trying to find the right page on our website, we are here to help you every step of the way.

If you ever feel unsure or stuck, don't hesitate to call. We're happy to walk you through the process, answer your questions, or even provide printed materials if needed. Your comfort and confidence in using our services matter to us.

You've supported this community for years, now let us support you.

Warm regards,  
The Township of Conmee Administrative Staff



### Apply to the Rural Ontario Development (ROD) program

The new and improved **Rural Ontario Development (ROD) program** application intake is now open until September 24, 2025. The ROD program offers cost-share funding to create strong businesses and boost growth in rural communities.

#### Attend an information webinar

Learn more about the ROD Program by attending a free information webinar. Find more information [on the registration page](#).

#### Upcoming sessions:

- July 8, 2025
  - 10:00 a.m. to 11:30 p.m. (English)
  - 1:30 p.m. to 3:00 p.m. (French)
- August 20, 2025
  - 10:00 a.m. to 11:30 a.m. (English)
  - 1:30 p.m. to 3:00 p.m. (French)
- September 10, 2025
  - 10:00 a.m. to 11:30 a.m. (English)
  - 1:30 p.m. to 3:00 p.m. (French)

#### Book a coaching session

Applicants for rural community development projects [can book a free, one-on-one coaching session](#) with a regional advisor.

Northwestern Ontario: [Chloe.langlais@ontario.ca](mailto:Chloe.langlais@ontario.ca)

Northeastern Ontario: [Pierrette.desrochers@ontario.ca](mailto:Pierrette.desrochers@ontario.ca)

[Visit the Rural Ontario Development Program Website](#)



## Rural resident 55 or older? Time to invest in peace-of-mind

Pennock Village is a new not-for-profit seniors community just outside of Rosslyn, which offers a rural lifestyle, comfortable modern housing, and the secure investment of Life Leasing – your path to a meaningful retirement starts here!

✓ Inclusivity    ✓ Investment Protection    ✓ Estate Planning

Learn more & secure your spot:

UNITS NOW AVAILABLE FOR PURCHASE!

**PennockVillage.ca**



Conmee Fire Auxiliary

# Bottle Drive



## Accepting Empty:

- Wine bottles
- Liquor bottles
- Beer bottles
- Beer cans
- Coolers/Seltzers

## Collection Date:

Saturday Aug 9<sup>th</sup>  
11pm to 1pm

## Drop-off Location:

Outside Conmee Municipal  
Landfill (crown Land)

For pick up message us on  
Facebook or email us at:

conmeefireauxiliary@gmail.com



Thank you  
for your  
donation!

# CRIBBAGE

BEGINNERS WELCOME!

EVERY TUESDAY 1 P.M.

ROSSLYN COMMUNITY CENTER

3405 ROSSLYN ROAD



Come and join the fun and friendship!

## Free exercise class for all ages and abilities.



Every Tuesday: Bands and Balls

Every Thursday Weights

At Rosslyn Hall from  
11:30 to 12:00

**No Registration necessary.**

We still have room for anyone wishing to keep active and join  
others in fun, laughter and conversation.

These activities are open to anyone interested in getting out of  
the house and meeting new people.

Call Rosslyn Library for more information 807-939-2312

Oliver Paipoonge Library  
2025



# ONTARIO PARK PASSES



Planning a day trip to one of our local  
provincial parks? Use your library card  
to borrow a free day pass!

# Volunteers Needed

## Thunder Bay Therapeutic Riding

**AGES 16+  
(Earn Your  
Volunteer hours)**

**No experience needed!  
We will guide you.**



**Mondays and Thursdays  
5:30 Grooming  
6:30 1st Riding session  
7:30 2nd Riding session**

Questions?

**Check out our new location  
352 Nicholettes Rd**



### **KAKABEKA FALLS LEGION BRANCH 225**

#### **AUGUST EVENTS**

<u>DATE</u>	<u>EVENT</u>	<u>TIME</u>
Friday, August 1st	Dance with Quest	7 pm - 10 pm
Saturday, August 9th	The Gun Show	9 am - 5 pm
Sunday, August 10th	Breakfast	8:30 am - 11:30 am
Saturday, August 16	Legion Challenge Runners Only	Start time 10 am
Sunday, August 17th**	Half Marathon & 8K	7 am - 10:30 am

**\*\*Note:** Hwy 11/17 from Hwy 588 to Poleline Road will be closed under OPP control from 7 am to 7:20 am on Sunday, August 17th and Hwy 588 between Harstone & Hwy 11/17 between 7:15 am to 7:35 on the same day.

Please note there will **not be any SUNDAY MUSICAL** in August

The Legion is still looking for more volunteers - if you can give even 1 hour, that would be so appreciated

Many hands will make the projects much easier to complete.

To book an event please call Alice at 807-629-2409



**A BIG THANK YOU** to South Neebing Variety, Old Dutch, Vanderwees, Superstore, Cheri & Ron Biloski, Lucy Kloosterhuis and the O'Connor Fire Dept. Aux. for the donations to the Rural Cupboard Food Banks 25<sup>th</sup> Anniversary appreciation dinner and dance.

**A BIG THANK YOU** to Odena for hosting the food drive on June 13<sup>th</sup> and to all those who donated food and cash.

## **RURAL CUPBOARD FOOD BANK**

*Neighbours Helping Neighbours*

Conmee Municipal Complex  
19 Holland Rd, Kakabeka Falls P0T1W0  
807-285-0836

We sincerely thank all those that continue  
to support the Foodbank.

Your donations enable the food bank  
to remain open.

Next Food Bank  
Wednesday, August 20, 2025

Registration 9 am to 11 am  
Drive-Thru Pick-up



5 Pineview Road, Kakabeka Falls Ont. P7K 0G8

Email- [rural60@tbsytel.net](mailto:rural60@tbsytel.net) Website [rural60plus.ca](http://rural60plus.ca)

Tuesday – Craft Room 10 -3

- Weaving – 10 – 3

- Knitting – 10 – 3

Wednesday – Craft Room 10 -3

- Beginners Carving – 10 – 3

- Quilting – 10 – 3

- Cribbage – 1 – 3

Thursday – Craft Room 10 - 3

- Weaving – 10 – 3

- Knitting – 10 – 3

The Rural dementia Café is a monthly gathering for people impacted with a memory problem or dementia. Designed to help support families, care givers and friends to create a sense of belonging and community in a warm and safe welcoming environment.

Come out and enjoy music, games and snacks in a relaxing atmosphere.

There is no fee and no eligibility criteria to attend our rural café.

Time is 1-3pm and the location is Rural 60 Plus Pineview Road Kakabeka Falls.

Next Café is Friday August 22nd.

Contact Shaun or Elaine for more information at 807-473-5528.

Are you interested in learning to Carve, Rural 60 Plus will be holding an information session in the fall, watch for more information.

## **RURAL CUPBOARD FOODBANK DROP OFF LOCATIONS**

Oliver Paipoonge: Murillo & Rosslyn Libraries (during open hours)

Nolalu: Hoppers Variety

Gillies: Whitefish School (Sept to June)

O'Connor: O'Connor Municipal Office

Neebing: Neebing Municipal Building

Note: Rural Cupboard Foodbank needs recyclable bags.





Oliver Paipoonge Library  
August Summer Fun!  
Join us every week  
for a new exciting activity!

Last chance to pick up your TD Summer Reading Kits while supplies last! These kits are geared to preschool or school-age children and contain a book full of summer fun activities and challenges. Each kit also comes with stickers, a 6-colour pen and a web-access code to unlock more online fun. Participants can complete the summer recap page and return it to the library August 28<sup>th</sup> to be entered into a draw for \$25 Entershine gift card!

## Drop In and Play...

AUGUST 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>

Race Cars are back! Visit Murillo Library on August 6<sup>th</sup> and use our Magic Trax to design your own racetrack.

Stop by Rosslyn Library on August 5<sup>th</sup> and 7<sup>th</sup> and explore kinetic sand and create your own construction zone.

## Drop In and Create....

*Both branches*

**Week of August 19**

***Diamond Dotz stickers!***

*Drop in a create your own special sticker using diamond dotz.*

## Drop In and Create....

*Both branches*

**Week of August 11**

**Friendship Bracelets!**

Send a special message to someone you love by making a bracelet for them!

**Week of August 25**

## Button Making!

*Both branches*

Stop by the library to design and create your very own wearable artwork.

O'Connor Community Play Group

## SCHEDULE

TUESDAYS 12:00PM - 2:00PM O'CONNOR COMMUNITY CENTRE 330 HIGHWAY 595



Free Play



Snack



Book/Activity



Play Outside



BINGO  
BINGO  
BINGO



Starting on Wednesday, April 2, 2025  
and continuing weekly on Wednesdays

At St. Theresa's Parish

10 Porter Street (in the basement)

Kakabeka Falls, Ontario

(NO WHEELCHAIR ACCESS)

MUST BE 18 OR OLDER TO PLAY

CASH ONLY

Doors open at 6:30 p.m.; Bingo starts at 7:00 p.m.



Proceeds towards St. Theresa and St. Augustine Parishes.

### Municipality Newsletters- August 2025 Edition

Taking care of the 10-15 metre buffer between lawn and lake, river, or stream can make all the difference to the health of the watershed. Native shrubs and trees root deep into the soil and hold the bank in place, stabilizing the water's edge against wave action and use by wildlife. These plants also help filter runoff that flows off our driveways and roofs and into our water systems.

If you're interested in adding native plants to the shoreline or streambank on your property, the Lakehead Region Conservation Authority (LRCA) may be able to help! Contact [stewardship@lakeheadca.com](mailto:stewardship@lakeheadca.com) to learn if you're eligible for FREE native trees, shrubs, and perennials for your shoreline through the LRCA's Shoreline Protection Program.

The LRCA has some exciting birds and birding-themed workshops planned this fall, including a "Birds & Trees" talk on September 18, a bird photography workshop on September 25, and a "Big Birding Day" workshop on October 9. We are also hosting a flint-knapping workshop as part of our archaeology talk on October 2. Pre-registration is required; visit [store.lakeheadca.com](http://store.lakeheadca.com) for registration information.

The second annual Little Trout Bay Fish Derby is being held on Saturday, August 23! Registration forms are available at the LRCA Administrative Office, Neebing Municipal Office, and D&R Sporting Goods. Registration closes on August 18. Visit the Events section on our website for the full rules and regulations.

We are in the height of busy season at our Conservation Areas, and we would like to remind all visitors of the \$5.00 per vehicle fee. Better yet, Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities, such as boating, fishing, hiking and more at our seasonal and year-round Conservation Areas for the low price of \$40.00 +HST. It's convenient for frequent users, and a great gift idea! All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

Get out and Explore!



**LAKEHEAD REGION**  
CONSERVATION AUTHORITY

# **LICENSE ME.**

**BECAUSE CALLING HOME IS NOT AN OPTION FOR LOST ANIMALS.**

*A Township of Conmee Dog License*

*can help make sure your best friend gets home faster*

Get your dog license at the Municipal Office for only \$15!



**Conmee**  
TOWNSHIP  
*Provincially Licensed Municipality*



**Coming soon to Murillo  
and Rosslyn Library!**

## **TD Summer Reading Kits will be available beginning July 2<sup>nd</sup>!**

These kits are geared to preschool or school-age children and contain a book full of summer fun activities and challenges. Each kit also comes with stickers, a novelty pen and a web-access code to unlock more online fun. Participants can complete the summer recap page and return it to the library before August 28<sup>th</sup> to be entered into a draw for a \$25 Entershine gift card!

### ***Murillo Library***

Monday 10 – 8:00 pm  
Wednesday 10 – 8:00 pm  
Closed every Saturday until Labour Day  
935-2729

#### **Email:**

[oliverpaipoongelibrary@gmail.com](mailto:oliverpaipoongelibrary@gmail.com)

#### **Website:**

<http://oliverpaipoonge.olsn.ca>

### ***Rosslyn Library***

Tuesday 10 – 8:00 pm  
Thursday 10 to 8:00 pm  
Closed every Saturday until Labour Day  
939-2312

**The Lakehead Region  
Conservation Authority  
has set our libraries up  
with parking passes for  
their conservation  
areas. These passes can  
be checked out using  
your library card for a  
1 week duration.**



**Use your library card to  
‘check out’ tennis and  
pickleball equipment at  
Rosslyn Library and tennis  
equipment at Murillo  
Library.**





# AUG 2025

MON	TUE	WED	THU	FRI
			1 Fly the C.O.O.P Walking Group  10am-3:30pm LifeLabs	2
4  Closed for Civic Day	5  Cancelled Today - Fly the C.O.O.P Walking Group	6  Walk-In Clinic 4:30pm - 7:30pm	7  Cancelled Today - Fly the C.O.O.P Walking Group  LifeLabs	8  NP available for those who do not have MD or NP
11 Chair Yoga @ O'Connor & Kam C.C. @10:00 am Good Food Box Order Deadline Mobile Clinic - Armstrong 1pm-6pm	12 Fly the C.O.O.P Walking Group  Mobile Clinic - Armstrong 8:30am-1:30pm	13 NP available for those who do not have MD or NP  Walk-In Clinic 4:30pm - 7:30pm	14 Fly the C.O.O.P Walking Group  LifeLabs	15
18 Chair Yoga @ O'Connor & Kam C.C. @10:00 am	19 Fly the C.O.O.P Walking Group	20 NP available for those who do not have MD or NP Good Food Box Pickup at KB Clinic Walk-In Clinic 4:30pm - 7:30pm	21 Fly the C.O.O.P Walking Group  LifeLabs	22  *NEW Program* Rural Dementia Cafe 1-3pm
25 Chair Yoga @ O'Connor & Kam C.C. @10:00 am	26 Fly the C.O.O.P Walking Group	27 NP available for those who do not have MD or NP Walk-In Clinic 4:30pm - 7:30pm	28 Fly the C.O.O.P Walking Group Mobile Clinic - Upsala LifeLabs	29



NorWest Community Health Centres  
Centres de santé communautaire NorWest



4785 ON-11 Unit B,  
Kakabeka Falls,  
ON P0T 1W0



(807) 473-5528

## PROGRAM INFO

Call KB Clinic Reception at (807) 473-5528 or email Shaun at [speirce@norwestchc.org](mailto:speirce@norwestchc.org) to register for all programs

### Fly the C.O.O.P Walking Group

Meet at Mountain Portage Trail at K Falls Park @ 10am or a ride is provided at Evergreen Parking Lot at 9:45am

**Chair Yoga In Person & Virtual**  
Hosted at O'Connor & Kam C. Centre at 10am.

### Good Food Box Program

Monthly access to a box of affordable fruit and vegetables. For more information visit [www.goodfoodboxtb.org](http://www.goodfoodboxtb.org) or call 473-5528 for more info

### Rural Dementia Cafe @ Rural 60+ Centre.

Come socialize and meet new people, make friends and lifelong connections



## Follow us!

NorWest Community Health Centres - Kakabeka Falls Clinic

[www.norwestchc.org](http://www.norwestchc.org)

## STAY SAFE / HOME ALONE COURSE

HEALTHTEC IS PARTNERING WITH MS. AMIEE & THE OLIVER PAIPOONGE LIBRARY TO OFFER A MURILLO COURSE DATE!



**AUGUST 20TH**

9am-2pm

Location:  
MURILLO  
4569 OLIVER RD  
(above murillo library)



HEALTHTECTRaining.CA TO REGISTER

HealthTec Training  
Don't hesitate. resuscitate



Want to review your property details and learn how MPAC valued your home?

Register for AboutMyProperty™ at [mpac.ca/AMP](http://mpac.ca/AMP) or scan the QR code to get started!

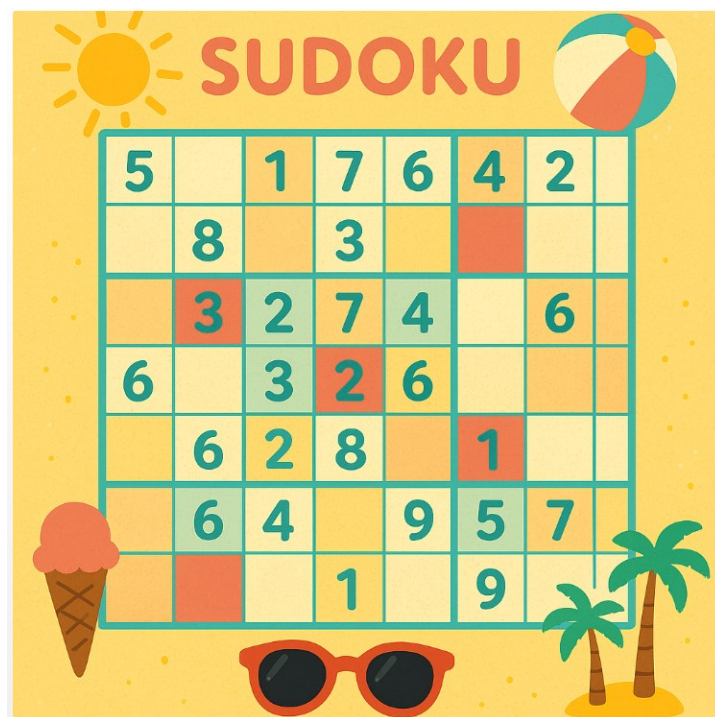


ABOUT MY PROPERTY™



Here are the unscrambled answers for the "Canada Day Word Scramble":

1. MOOSE
2. OTTAWA
3. PRAIRIES
4. HISTORY
5. FLAG
6. BEAVER
7. FRIENDLY
8. ALBERTA
9. SASKATCHEWAN
10. FIREWORKS
11. RCMP
12. PROVINCES
13. MOUNTAINS
14. PARTY
15. MAPLE
16. TERRITORIES
17. POUTINE
18. BACON

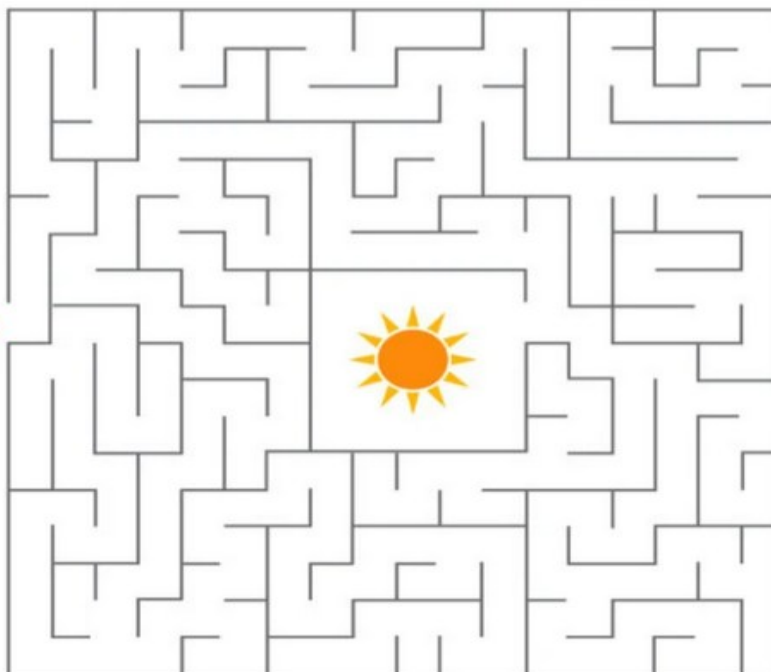


## SUMMER MAZE

Find your way through the maze to reach the sun in the center.

*Happy Summer!*

START HERE



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