CONMEE

COMMUNITY NEWSLETTER

Healthy Living Naturally

NOVEMBER
2026

Municipal Office

475-5229
conmee@conmee.com
Hours:
Monday – Friday
9 am – 4 pm

Conmee Landfill

Summer Hours
(May 15 – Oct. 14)
Wed: 3 pm – 7 pm
Sat: 9 am – 3 pm

Winter Hours
(Oct. 15 – May 14)
Wed: 1 pm – 5 pm
Sat: 9 am – 3 pm

Public Works

475-5337

Emergency Numbers

Non-Emergency OPP
1-888-310-1122
Emergency (fire, medical, OPP): 911

Hydro Outages

1-800-434-1235

MTO Highway Concerns

Emcon
1-888-636-8704

Conmee
TOWNSHIP

MAYOR'S MESSAGE

Brrrr... it's getting cold outside! Some days, those fall winds certainly remind us that winter is just around the corner.

Welcome to the final edition of this term's Mayor's Message. I will continue writing these messages to keep our residents updated on what is happening throughout the Township. My next message will come with a new Council sworn in and ready to begin the next chapter for Conmee Township.

First, I would like to personally say **THANK YOU to all the residents who came out to vote.** Without your votes, we would not have the opportunity to choose the people who represent us on Council. I am excited to have a full Council again and look forward to getting to work and seeing what the future has in store for our community.

I have noticed the contractors working at the rink over the past few days, and I am very happy to see this work moving forward. With that being said, there will be some decisions to make regarding how we will flood the rink this winter and what that process will look like. We will keep you updated as those plans come together.

Our Public Works crew is getting ready for winter. The sand and salt are ready to go, and I am certainly hoping for a nice winter—but we all know how that goes! Those first few snowstorms can be the most challenging until we get a good base of snow on the ground. We need to be prepared for whatever Mother Nature decides to send our way.

As we prepare at the municipal yard, I hope our residents are getting ready as well. Wood is being cut and stacked, summer items are being put away, and winter preparations are underway.

Upcoming Council Meeting

Tuesday, November 10, 2026 — 6:00 pm
Location: Conmee Community Centre
Virtual attendance is available.
Visit www.conmee.com for further information.

MAYOR'S MESSAGE *(continued)*

One important reminder as we head into winter is to make sure our homes and yards are safe and accessible:

- Have your woodstove chimney cleaned and inspected.
- Keep firewood stacked a safe distance from your home.
- Make sure vents and other exhaust outlets are clear and clean.
- Put away potential hazards around your yard and keep access routes clear.
- Ensure that propane deliveries, firewood deliveries, parcel deliveries, and emergency service vehicles can safely reach your home.

These are things we do not always think about once the snow starts falling and covers everything up. Keeping our properties safe and accessible should be a habit all year long, not just during the winter months. If you have any questions or concerns about fire safety, please reach out to our Fire Chief, who will be happy to help guide you in the right direction.

Our office is also waiting to hear back on several grant applications. Staff are gradually getting back into their regular routines following a very busy election period, while also preparing for the new Council to get organized and receive its training.

Looking ahead, I would like to propose holding a **Town Hall Meeting** on a weekday evening. Once a date is organized it will be posted in our next newsletter. This would give residents an opportunity to come together, share ideas, and discuss events or activities they would like to see happening at the hall. I know there has been considerable interest in bringing the Fire Auxiliary back, and it would be wonderful to see that organization up and running again. While the Auxiliary is not a Council responsibility, it can provide tremendous benefits to our Fire Department and the community as a whole. Community involvement and volunteers are what help keep our Township strong.

In January, we will once again be travelling to Toronto to meet with ministers and discuss matters important to our municipality. The Ministry of Transportation will also be receiving another request for a meeting. Perhaps the third year will be the charm, and we will finally get the opportunity to sit down and discuss the concerns that continue to affect our community!

I will end this message on a shorter note, but I want to once again thank everyone who took the time to cast their vote in this election. Your participation matters, and I appreciate everyone who took part in the democratic process.

I would like to welcome **Dave Masemchuk, Darren Smith, Jennifer Hainrich, and Jason Fleck** to the Council Chamber. I wish each of you a rewarding and successful term as we work together for the residents of Conmee Township over the next four years. I look forward to what we can accomplish together as your new Council.

As always, if there is anything I can help you with, please do not hesitate to call or text me at **807-629-0055**.

Take care, stay warm, and most importantly, stay healthy!

Mayor Sheila Maxwell



MUNICIPAL ELECTION RESULTS 2026

Inaugural meeting for the new council will be on **Tuesday, November 17, 2026**

Conmee TOWNSHIP

2026 Municipal Election Results

[Official Results]

Office	Candidate
Mayor	Sheila Maxwell
Councillor	David Macsemchuk
Councillor	Darren Smith
Councillor	Jennifer Hainrich
Councillor	Jason Fleck

Total Registered Voters: 743, Total Votes Cast: 274, 36.88% Turnout

Thank You for Voting!

HIGHLIGHTS FROM THE REGULAR COUNCIL MEETINGS

Held: September 8, 2026 (Note: Updates from approved council minutes)

CLERK'S UPDATE

Council received a report from the Clerk regarding the 2026 Summer Recreation Program, annual road inspections, the GovDeals fire truck, the Enders Road Bridge project, transportation of radioactive materials through the Township, attendance at the AMCTO Zone 9 Fall Conference, and employee performance development plans. Council discussed scheduling the annual road inspection and participation in the AMCTO Zone 9 Fall Conference. Council approved temporary closure of the Municipal Office on September 17 and 18, 2026, to permit Administration to attend the conference.

TREASURER'S UPDATE

Council received a report from the Treasurer regarding final tax bill collection, grant applications submitted on behalf of the Fire Department, upcoming funding opportunities, information obtained at the AMO Conference, and progress on the Community Centre rink board replacement project. Council discussed the rink board installation and future grant opportunities.

FIRE DEPARTMENT UPDATE

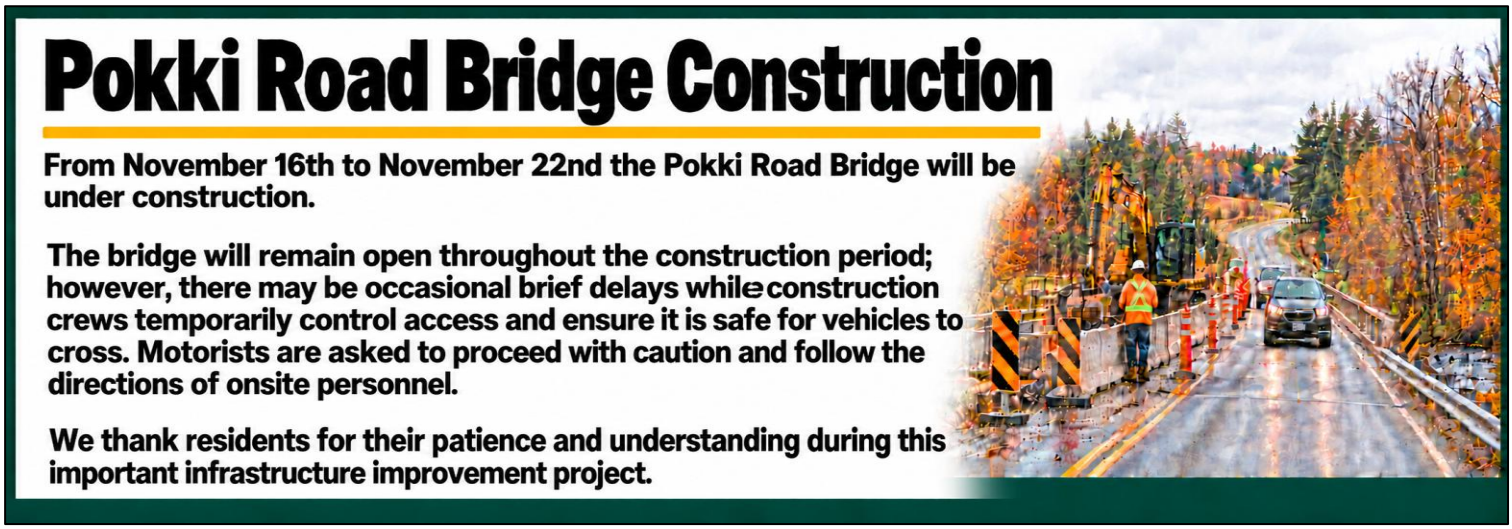
Fire Chief Day was unable to attend the meeting but provided a written update to Council through the Clerk. Council was advised that the Volunteer Fire Department responded to seven calls during August, consisting of four medical responses and three fire-related incidents. The Chief further advised that the department currently has thirteen volunteer firefighters with strong participation in training and emergency responses and reiterated the need for a reliable winter water source for firefighting operations.

2026 COUNCIL MEETING SCHEDULE

November (Inaugural Meeting)	10 & 17
December	1 & 15

Meetings are held the 2nd and 4th Tuesday of each month at 6:00 p.m. unless otherwise noted. Agendas and minutes are posted at www.conmee.com — the office can print copies on request.





Before you burn or set off fireworks, make sure you know the rules. The full bylaw is available on the Township website. Per the bylaw, as of November 1st to March 31st a fire permit is not required for open air burning, except where a fire ban, fire season declaration, or other restriction has been imposed. As of April 1st, permits will be required again for open air burning. If any questions and for updates, please contact the Township Office – 807-475-5229 or visit the Township website



Say hello to our new public works mascot!

Due to interest in purchasing the previously offered FoodCycler systems and accessories for Friends & Family, we wanted to make you aware of the Friends & Family program offered through the FoodCycler company

Friends & Family Program

FOODCYCLER

As a friend or family member of a FoodCycler Program participant, you're invited to enjoy exclusive discounts on FoodCyclers and accessories. Join your loved ones in reducing food waste and creating a more sustainable home.

Enjoy free shipping on orders over $150.00 CAD across Canada and over $125.00 USD to the USA, with no cross-border tariffs or import fees.

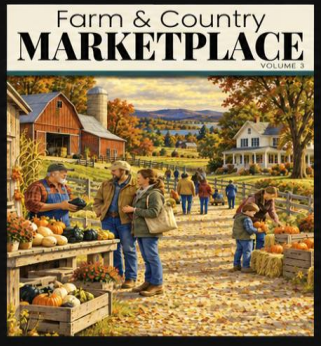
Please see this link: https://food-cycler-ca.myshopify.com/collections/friends-family-program

Welcome To Ag Biz Alliance



The Agrarian Magazine

A Canadian agriculture and rural lifestyle publication delivering news, insights, and resources for farmers, rural property owners, and agribusiness professionals.



Farm & Country Marketplace

A trusted regional directory connecting farmers and rural businesses with local products, services, suppliers, and industry solutions.

Go to: https://agbizalliance.com/

COMMUNITY EVENTS & NOTICES

KAKABEKA FALLS LEGION — NOVEMBER EVENTS

Thursday, Nov 5th	Annual Guy Fawkes Bonfire	5 pm
Saturday, Nov 7th	Veteran's Drop-In	9 am
Saturday, Nov 7th	Legion Executive Meeting	2 pm
Saturday, Nov 7th	Legion General Meeting, AGM & Executive Elections	3 pm
Sunday, Nov 8th	Breakfast	8:30 to 11am
Sunday, Nov 8th	Remembrance Day Service	10:30 am
Saturday, Nov 14th	Dance - Quest	7 – 10 pm
Saturday, Nov 21st	Legion Membership Dinner	5 pm Symposium, 6pm Dinner
Saturday, Nov 28th	Dance - Quest	7 – 10 pm
Sunday, Nov 29th	**Sunday Musical is CANCELLED**	
Monday, Nov 30th	International Gold Buying Event	9 am
Sunday, Dec 6th	Christmas Concert – Just 4 You Band	2 – 4 pm

To book an event, please call Alice at (807) 577-0418.

RURAL 60 PLUS — FALL AT THE CENTRE

Rural 60 Plus

You Are Never Too Old To Have Fun!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Craft Room 10–3	Craft Room 10–3	Craft Room 10–3	Craft Room 10–3	Craft Room 10–3
Carving 10-3	Weaving 10–3	Beginners Carving 10–3	Yoga 10-11	Friendship Café Friday,Nov 27 1-3pm
Disking 1-3	Knitting 10–3	Quilting 10–3	Weaving 10–3	
	Choir 1-2:30	Cribbage 1–3	Knitting 10-3	
			Euchre 1-3	

Due to a lack of interest Monday Chair Yoga has been cancelled. Annual Craft sale and Lottery draw Saturday, November 14th from 10am to 1pm, tables available to rent at a cost of $15

5 Pineview Road, Kakabeka Falls • (807) 475-5779 • Email: rural60@tbaytel.net • Website: www.rural60plus.ca

ANNUAL

CRAFT SALE AND DRAWS

SATURDAY, NOVEMBER 14, 2026

10:00 A.M. TO 1:00 P.M.

To be held at 5 Pineview Road, Kakabeka Falls

All draws will be held at 1:00 p.m.

License No. M861998



First Prize Draw – “Kaleidoscope” - this beautiful First Place Award-Winning Quilt

Table Rentals - $15.00 each: Call 807-475-5779 or email rural60@tbaytel.net

Rural resident 55 or older?

Time to invest in peace-of-mind

Pennock Village is a new not-for-profit seniors community just outside of Rosslyn, which offers a maintenance-free lifestyle, comfortable modern housing, and the secure investment of Life Leasing – ***your path to a meaningful retirement starts here!***

☑ *Inclusivity* ☑ *Investment Protection* ☑ *Estate Planning*

Learn more & secure your spot:

UNITS NOW AVAILABLE FOR PURCHASE!

PennockVillage.ca

Friendship Café

Food, Fun & Games!

NOVEMBER 27, 2026 1-3PM

5 Pineview Road, Kakabeka

Join us for an afternoon of food, fun and connection - no registration required!

Questions? Contact Shaun at 807-473-5528

NorWest Community Health Centres / Centres de santé communautaire NorWest · Lakehead University Centre for Education and Research on Aging & Health · Alzheimer Society Thunder Bay · Dementia Cafe

Join our Needle and Natter Crew

KB & Area Stitch & Craft Group

Come join us for a fun evening of crafting, conversation and lots of laughs!
Everybody & All Crafts welcome!

Every 2nd & 4th Tuesday Evenings of the Month

7:00 pm - 9:00 pm

In the basement of the O'Connor Community Centre
330 Highway 595

Upcoming Meetings

NOVEMBER	10TH
NOVEMBER	24TH
DECEMBER	15TH
	BREAK
JANUARY	12TH
JANUARY	26TH

REGULAR SEASON CHAMPIONS 2021-2022 · REGULAR SEASON CHAMPIONS 2022-2023 · REGULAR SEASON CHAMPIONS 2022-2023

KAM RIVER FIGHTING WALLEYE

BILL SALONEN CUP CHAMPIONS 2022-2023 · BILL SALONEN CUP CHAMPIONS 2024-2025

NOVEMBER 2026 SCHEDULE

FRI, NOV 6TH	SAT, NOV 7TH	SAT, NOV 14TH	SUN, NOV 29
VS	VS	VS	VS
DRYDEN	FORT FRANCES	FORT FRANCES	SIOUX LOOKOUT

NORWEST ARENA • ALL GAMES AT 7 PM

LOCAL GAMES ONLY

WANT MORE YOGA?

NEW YEAR YOGA SERIES – Conmee Community Centre

Help shape an 8-week yoga series for January–February!

YOUR INPUT IS NEEDED

Share your preferred yoga pace and class time so we can see if there is enough interest to run the series.

PROGRAM DETAILS	WHAT TYPE? (choose all that work for you)
• Duration: 1hr/8 weeks (January–February)	• Slow-paced — all levels
• Full session: $120	• Medium-paced — all levels
• Drop-in: $20 per class	• Faster-paced — intermediate level
• Minimum: 5 participants required	

PREFERRED DAY & TIME (choose all that work for you)

TUESDAYS	THURSDAYS
5:30 PM or later _____ (specify time)	5:30 PM or later_____ (specify time)

PLEASE RESPOND BY NOVEMBER 16, 2026

Your feedback will help prepare the December newsletter poster.

CONTACT NIKITA

Email: wellnesswithnikita@outlook.com | Phone/Text: (807) 621-4874

Thank you for your interest.

Namaste,

Nikita

Justice of the Peace Vacancies in Northwestern Ontario

The Justices of the Peace Appointments Advisory Committee (JPAAC) is accepting applications for Justice of the Peace positions in Northwestern Ontario:

Dryden (1)
Fort Frances (1)
Kenora (1)
Kenora (Indigenous - 1)
Sioux Lookout (1)
Thunder Bay (1)
Thunder Bay (Indigenous - 1)

JPAAC encourages applications from persons belonging to diverse communities and strongly encourages applications from **Indigenous and Francophone candidates.**

A Justice of the Peace is an independent judicial officer who presides over various proceedings under federal and provincial statutes. No legal training is required. Successful candidates receive extensive education and ongoing mentorship.

Applications must be received by January 5, 2027.

For qualifications, application requirements, and webinar information, visit:
https://www.ontariocourts.ca/ocj/jpaac

AT THE LIBRARY — FALL 2026

Murillo Branch
4569 Oliver Road
Murillo, ON
(807) 935-2729
Open Monday and Wednesday
and Saturday 9 AM – Noon

Oliver-Paipoonge Public Library

Weekday hours: 10AM – 8 PM
https://oliverpaipoonge.olsn.ca

Rosslyn Branch
3405 Rosslyn Rd
Rosslyn, ON
(807)939-2312
Open Tuesday and Thursday
and Saturday 1 – 4 PM

THE HUB OF THE COMMUNITY

Where residents come together to exchange ideas and discover and create rich meaningful experiences.

November 2026

Monday	Tuesday	Wednesday	Thursday	Saturday
Murillo	Rosslyn	Murillo	Rosslyn	Murillo/Rosslyn
2 Book Club 7 PM	**3** **Exercise with bands Tuesdays 11:30** **CRIB** 1 PM	**4**	**5** **Exercise 11:30** Carpet Bowling 1 PM	**7** Puzzles available at both branches
9	**10** **CRIB 1 PM** new players welcome	**11** Library Closed Remembrance Day	**12** 12:30 PM Emily Green from **Service Canada** answers questions and talks about Dental Benefits	**14**
16 Check out our new books Rosslyn branch 807-939-2312	**17** **CRIB 1 PM** Refreshments served	**18**	**19** **Exercise 11:30** with weights Thursday **BOOK CLUB 12:30**	**21** Have a book suggestion? Please let us know
23	**24** Punch card pickups in the hall - no crib	**25** One month to Christmas! Donate a book in honour of someone special	**26** **Exercise 11:30** **Getting ready for Christmas craft 12:30**	**28**
30 Need to renew a book? Murillo branch 807-935-2729				

Murillo Branch Monday and Wednesday 10 - 8
Rosslyn Branch Tuesday and Thursday 10 - 8
Saturdays Murillo 9 - Noon Rosslyn 1 - 4

Crestview School helps Oliver Paipoonge Library with book drive for Dolly Day



Oliver Paipoonge Library recently received over 800 books that were donated by the school community during a used book drive leading up to "Dolly Parton Day" held at the school. Dolly Parton promoted reading by mailing books to children's homes, at no cost to their families. Known as Dolly Parton's Imagination Library, millions of books have been gifted over the past several years, and we know Dolly would have been proud of the students of Crestview School for their ambitious contribution to the library. Many of the books were in such good shape, or brand new, that the library was able to catalogue them in to their collection, and others have been placed in the used book rooms at both branches. Seen in this photo are the many books available for just .50¢. Thank you so much to the students and staff at Crestview School for supporting the Oliver Paipoonge Library.

AROUND THE WATERSHED — CONSERVATION AUTHORITY NEWS

News and events from the Lakehead Region Conservation Authority (LRCA) — November 2026.

The 2027 Explore Card Parking Pass will be available for sale beginning November 1, 2026! If you visit frequently, an Explore Card Parking Pass for $45.00 +HST permits day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas. It's convenient for frequent users, and a great stocking stuffer for the outdoor enthusiasts in your life!

Get a head start on your holiday shopping with some new LRCA merch! We have new t-shirt designs, buttons, stickers, patches, and water bottles all featuring ten new Conservation Area-specific designs! We will have some of our merch for sale at a special holiday pop-up kiosk at Intercity Mall on December 5th and 6th as well.

The popular LRCA 2027 Calendar will be available for free beginning this month (November). Be sure to look for it at your municipal office and select businesses such as Safeway, LU Bookstore and more. The LRCA will also have some copies available at our Administrative Office at 130 Conservation Road. The calendars go extremely fast, so be sure to get yours while supplies last! Thank you to all of the sponsors for making this calendar possible for another year.

Get out and Explore!

LAKEHEAD REGION
CONSERVATION AUTHORITY

RURAL CUPBOARD FOOD BANK

NEXT FOOD BANK

Wednesday, November 18, 2026
Registration 9:00 – 11:00 am • Drive-Thru Pick-up

Conmee Municipal Complex
19 Holland Rd, Kakabeka Falls P0T 1W0
807-285-0836

Drop-Off Locations

Oliver Paipoonge: Murillo & Rosslyn Libraries (during open hours)

Nolalu: Hoppers Variety

Gillies: Whitefish School (Sept to June)

O'Connor: O'Connor Municipal Office

Neebing: Neebing Municipal Building

Note: Rural Cupboard Foodbank needs recyclable bags

With Gratitude

- **A BIG THANK YOU** to our many volunteers who work behind the scenes at the food bank and are there on distribution day, the time they donate is greatly appreciated.
- **A BIG THANK YOU** to Odena Foods for once again hosting our Fall Harvest Food Drive.
- **A BIG THANK YOU** to all that donated their time to volunteer at the Fall Harvest Food Drive as well as the OPP officers that donated their time on Saturday.
- **A BIG THANK YOU** to all who that made a cash or food donation, the generosity of the ODENA customers made the food drive a big success.
- **A BIG THANK YOU** to Sue Gammond for her donation and to all that donated in lieu of gifts for her 80th birthday.





NOVEMBER 2026

MON	TUE	WED	THU	FRI
2	3	4 Walk-In Clinic 4:30pm - 7:30pm	5 LifeLabs	6
9 Chair Yoga @ Kam & O'Connor CC Good Food Box Order Deadline	10	11 CLOSED FOR REMEMBRANCE DAY	12 LifeLabs	13
16 Chair Yoga @ Kam & O'Connor CC	17 Fly the C.O.O.P Indoor Walking Group	18 Good Food Box Pickup at KB Clinic Walk-In Clinic 4:30pm - 7:30pm	19 Fly the C.O.O.P Indoor Walking Group LifeLabs	20
23 Chair Yoga @ Kam & O'Connor CC	24 Fly the C.O.O.P Indoor Walking Group	25 Mobile Clinic - Upsala Walk-In Clinic 4:30pm - 7:30pm	26 Fly the C.O.O.P Indoor Walking Group LifeLabs	27 Friendship Cafe Theme - Oliver Paipoonge History
30 Chair Yoga @ Kam & O'Connor CC				

NorWest Community Health Centres
Centres de santé communautaire NorWest

4785 ON-11 UNIT B,
KAKABEKA FALLS,
ON P0T 1W0

(807) 473-5528

PROGRAM INFO

Call KB Clinic Reception at (807) 473-5528 or email Shaun at speirce@norwestchc.org to register for all programs

Fly the C.O.O.P Indoor Walking Group

Kakabeka Legion @ 10 am

Chair Yoga In Person & Virtual

Hosted at O'Connor, Kam @ 10am.

Good Food Box Program

Monthly access to a box of affordable fruit and vegetables.

For more information visit www.goodfoodboxb.org

Friendship Cafe

Rural 60+ 1-3pm
Theme: Oliver Paipoonge History
Quiz with Peter Kelos

Follow us!

NorWest Community Health Centres - Kakabeka Falls Clinic

www.norwestchc.org



Courtesy of Ontario Parks – Hiking Safety

4 Tips for a Safe Hike

Wear the right gear
The first step to a successful hike is dressing appropriately. Check the forecast before you leave, but be prepared for anything! Temperatures and weather can change quickly. If you're hiking in the heat of summer, dress in sweat-wicking clothing. They will keep you nice and dry when you inevitably work up a sweat. Leave the jeans and cotton t-shirt at home, or you might become a human puddle!

Good hiking boots can make or break your hiking experience. Make the investment and buy a pair that provide you comfort and support. Boots with a good sole will give you better movement over uneven terrain. Speaking of break, break your boots in BEFORE you leave. If you don't, you may experience some severe discomfort while on the trail.

Top your hiking look off with a hat. Baseball caps and full-brimmed hats both get the job done: protecting your scalp, shading your face, and keeping you cool.

Bring a backpack
If you're going on a shorter trail, a smaller day pack should serve you just fine. For longer journeys, a larger pack with an integrated frame will save your back and shoulders. Fill your backpack with plenty of food and water. Hydration is key, especially on hotter days. Trail mix is a great option for the trail. It's nutrient-dense, and you don't have to worry about it spoiling! Bring along a sweat-resistant sunscreen, first aid kit, and some extra clothes, but remember to keep it light. You'll be carrying these items for your whole trip!

Know the area and trails
Please do your research! Visit the park's webpage. Under the "Activities" tab, each trail will have a difficulty rating and a brief description of what to expect. Consider your whole group's ability when choosing a trail. Still have questions? Talk to staff when you arrive. They'll have a good idea of the trail's condition and any plants and animals you could encounter. If you're in bear country, whistle while you walk. Bears are more scared of you than you are of them, and will steer clear if they hear you approaching. Not much of a whistler? A bear bell will help announce your presence as you hike.

If ticks are in the area, do a full tick check once you get home, paying special attention to areas such as the groin, navel, armpits, and scalp and behind ears and knees.

Never hike at night!
Even the most experienced hikers can get turned around in the dark.
Trail markers are not always easily seen, and maps are harder to navigate at night. Dark trails can result in stumbles and possibly injuries. Plan to make it off the trail before the sun goes down. If you're cutting it close to sunset, bring a headlamp or flashlight for emergencies and ensure your phone is fully charged.

ONTARIO PARKS

Fire Department Safety Information



Courtesy of Government of Canada – Home Safety

Smoke alarms save lives. You can reduce your family's risk of fire-related injury or death by installing the right number of smoke alarms in the right places in your home, and by keeping them in good working order.

According to the manufacturer's instructions, you should:

- Check,
- Test, and
- Clean them.

If you need help or advice with your smoke alarms, contact your local fire department for assistance.

Other important actions:

- Install smoke alarms in each bedroom, in the hallway outside the bedrooms and on each level of your home, including the basement in line with the appropriate Provincial or Territorial and Federal Fire and Building Codes.
- Read and follow every step of the manufacturer's directions when you install your smoke alarms.
- Test your smoke alarms every month to make sure that they are working properly.
- Follow the manufacturer's directions for cleaning your smoke alarms.
- Change the batteries as often as recommended by the manufacturer.
- Replace any smoke alarm that is more than ten years old.
- Investigate any false alarms and have an escape plan in case of a real fire.

Emergency Preparedness – Preparing for Winter Weather

Courtesy of Canadian Red Cross

Canadian Red Cross

- Find out if you live in an area where winter storms could happen by contacting your municipality. You can also find up-to-date information on severe storm conditions, storm maps, weather warnings and public weather alerts at Environment Canada.
- Listen to local news and weather reports for information on changing weather conditions.
- Winterize your home by insulating walls and attics; caulking and weather stripping doors and windows; and installing storm windows or covering windows with plastic.
- Winterize your home and car emergency kit with warm clothing and blankets. Buy rock salt and sand to melt ice and improve traction.
- Make sure you have shovels and snow removal equipment handy.
- Have an alternative heat source, such as a fireplace, wood burning stove, or a generator, so you are able to keep one room in your home warm and liveable.
- Keep fire extinguishers on-hand and make sure your family knows how to use them.
- Talk with your family about what you would do during a winter weather-related emergency, at home or in the car.
- Make a personalized preparedness emergency kit. Families should be prepared to be self-sustaining for at least three days.
- Kits should include practical items such as drinking water, food, cash, and a portable radio. However, they should also include items that are unique to your own families' needs. This could include baby items, medical prescriptions, pet food, etc.
- If you have already dipped into your emergency kit and food supply while staying at home, consider safely getting the supplies to replenish it following your local public health authorities' guidelines for leaving your residence.
- Prepare your vehicle for winter weather and create an emergency kit for your vehicle. Keep the gas tank full. Always check local weather conditions before heading out on the road.
- Install snow fences in rural areas to reduce drifting snow on roads and paths, which could block access to homes, barns, and animals' feed and water.
- Be prepared for secondary hazards such as power outage and flooding once snow melts.



Superior WATER & WELLS

Rural Water Done Right

NO WATER? LOW PRESSURE? IRON STAINS? HARD WATER?

Local help for your home's water system.



WELL PUMPS

Submersible & jet pumps
Troubleshooting & replacement



PRESSURE TANKS

Tank replacement
Pressure & cycling problems



WATER TREATMENT

Softeners • Iron & tannin filters
Sediment filtration • UV systems

Water testing | **Sump pumps** | **Electric hot water tanks**

Proudly serving Conmee & surrounding rural communities

Homes • Camps • Cottages

Licensed Class 4 Pump Installer | CWQA Certified Water Treatment Installer

CALL JESSE

807-867-1031

superiorwaterwells.ca

info@superiorwaterwells.ca

November Word Search

Find 12 words inspired by chilly days and quiet moments.

Words run across, down or diagonally, forwards or backwards.

L	H	B	M	F	R	O	S	T	X	C	B	D
D	N	I	W	B	W	B	L	L	R	Y	N	B
E	K	P	M	A	K	Q	I	W	F	H	L	U
T	Y	I	K	Y	E	S	S	C	A	R	F	I
B	K	Q	P	U	P	I	N	E	C	O	N	E
X	E	P	W	W	I	S	C	T	Y	T	Q	X
V	O	J	Z	G	S	T	O	O	B	A	S	N
P	L	V	Q	R	E	T	A	E	W	S	J	Q
L	T	W	P	A	O	C	O	C	W	U	I	Z
M	X	S	M	I	T	T	E	N	S	U	Q	D
P	W	R	E	B	M	E	V	O	N	W	V	D
G	Q	B	P	R	S	E	V	A	E	L	B	U
B	S	H	P	Q	R	E	M	E	M	B	E	R

WORDS TO FIND

BOOTS
LEAVES
PINECONE
SCARF
COCOA
MITTENS
POPPY
SWEATER
FROST
NOVEMBER
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